



CHAPTER 5 Setting limits

What are boundaries?

Children need to know what kind of behaviour is allowed, or not allowed. They need to know where they stand, how far they can go. One of our jobs as parents is to set limits, or boundaries, for our children. This helps to keep them safe and teaches them what behaviour is allowed. If we don't set boundaries the chances are our children will run rings around us and other people.

Why we need boundaries

Boundaries are like fences on a farm. One reason for a fence is to keep animals safe by stopping them from wandering onto roads or off the edge of a cliff. Another is to stop the animals from causing damage to crops in the next field, or from being a danger to the public. Fences need to be strong to do their job properly.